

December 2010

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Howell, MI 48843  
517-546-6740  
www.mypetx.com



UPCOMING  
EVENTS

# Helios Nutrition Organic Kefir w/FOS



*Customer Appreciation Day!  
December 19<sup>th</sup>, 2010  
Sunday 12 to 5 pm*

*15% OFF Supplies  
10% OFF Pet Food  
Goodie Bags & Refreshments!  
Enter to win Gift Baskets!*

*FREE Nail trims from the groomers  
at Pet Xtras!*

*Happy Howl-a-days!*

*We will be closing  
Christmas Eve at 5pm New  
Years Eve at 5 pm  
Please drive safely!*

**Vaccine Clinic**  
January 15<sup>th</sup>, 2011  
From 11 to 3pm

Services provided by:  
Remrock Vet services  
Dr. Larry Letche

Did you know?

Your intestinal tract is your largest immune system fighting organ, making it one powerful force for our health and the fight against illness. With over 400 species of bacteria living inside our intestines, it is very important that we keep the levels of good and bad bacteria in balance.

- Provides digestibility of milk-based products
- Produces its own antibiotics, eliminates unfriendly bacteria
- Rebalances the intestinal flora and stomach acid to heal ulcers
- Regulates metabolism through improved digestion to benefit the colon.
- Leads to good heart action, blood circulation and blood pressure.
- Reduces serum [cholesterol levels](#) only IF they are too high for safety.
- Regulates bile and improves the liver/gall bladder to help fight hepatitis
- Acts on the immune system and so improves resistance to disease
- Produces anti-cancer compounds and prevents metastasis (spread)
- Allows eczema, acne and skin disorders to fade away
- Reduces anxiety and depression; increases energy and joy in living.
- Produces every vitamin and bacteria needed for healthy daily living.

**Diarrhea:**

**Antibiotics destroy not only the bacteria causing the infection but also good bacteria inside the body, which can result in diarrhea and yeast infections. Consuming probiotic-fortified foods can help restore the healthy balance of bacteria in the gut and reduce or prevent certain forms of antibiotic-associated diarrhea.**

**Immune Deficiency:**

**Probiotic cultures help optimize the function of the digestive tract/ immune system. Probiotics stimulate the production of immune cells, suppress inflammatory response and help to control intestinal inflammatory diseases.**

**Bad Breath:**

**Restores a healthy bacterial balance in the mouth; reduces odor-causing compounds produced by bacteria**

**Crohn's and Colitis:**

**Reduces the severity of symptoms, lessening abdominal pain, diarrhea and nausea. Helps prevent malnutrition as patients feel better and are able to liberalize their diet and include more variety and nutrient rich foods.**

**Irritable Bowel Syndrome (IBS)**

**Helps the body fight disease and discourage the growth of harmful bacteria and other disease-causing substances.**

**Seasonal Allergies:**

**Research shows that probiotic-fortified foods could help alleviate seasonal allergic rhinitis, or hay fever.**

Our unique formulation is intended to promote everyday good health. Daily consumption supports a balanced intestinal eco-system, the foundation for healthy immunity. Our kefir is fermented in small batches and contains premium ingredients gathered from around the globe.

Helios Kefir is made with Helios's 7 Exclusive Live & Active Cultures: Lactobacillus kefir, Lactococcus lactis, Lactococcus cremoris, Lactococcus diacetylactis, Leuconostoc cremoris, Candida kefir, and Saccharomyces unisporous.



Wrigley's Rewards was created with the belief that all of our family members deserve the best. Our faithful companions depend on us to make the right choices for them. Our dog treats are prepared with the finest organic ingredients and baked slowly to preserve each valued nutrient. In attempt to prevent allergy symptoms, all of our treats are free of wheat, corn, soy, and dairy. By not adding salt, sugar, or preservatives, we assist in the prevention of health issues like obesity and diabetes. Each of our tasty treats are given the "two paws up" approval by Wrigley and his friends!

We offer six fun flavors dogs love. Our products are packaged in FDA approved reseal able pouches to maintain freshness. Each treat is made with respect and love for our dogs and the environment. We are honored to be USDA Certified Organic by Quality Assurance International.

**The ingredients we use in our treats not only taste great, they have important health benefits!**

Whole grain *brown rice, rye, barley, and oat flour* are a good source of fiber, important for heart and colon health. The mineral manganese, found in these ingredients, supports bones and nerves. Selenium helps prevents cell damage and may reduce inflammation.

*Flax seed* is rich in omega-3 fatty acids which are important for the heart and helps reduce inflammation.

*Coconut flour* is good source of fiber, iron, and protein.

Fruits like *bananas and apples* are excellent sources of fiber and antioxidants. Potassium, found in bananas, is needed for muscle and nerve function.

*Peanut butter* contains protein, fiber, calcium, and iron. The vitamin E in peanut butter is important for healthy skin.

*Cranberries* are rich in antioxidants for a healthy immune system.

*Pumpkin* contains fiber, vitamin A and C, and potassium. Vitamin A is needed for healthy vision and skin.

*Chicken* is a good source of protein, niacin, and selenium. Protein is necessary for muscle, bone, joint, and skin health.

*Molasses* contains iron, calcium, and potassium for bone, muscle, and nerve function.

*Canola oil* is low in saturated fats and contains healthy omega-3 and omega-6 fatty acids. Canola oil contains vitamin E and K.

*Honey* has antioxidant and anti-bacterial properties.

*Carob*, a safe alternative to chocolate, contains riboflavin, calcium, and potassium.

*Ginger* helps sooth the gastrointestinal tract. Its anti-inflammatory properties improve mobility. Vitamin E, calcium, and iron are found in ginger.

*Cinnamon* may improve blood sugar levels and reduce inflammation. Cinnamon is a good source of manganese, vitamin K, and calcium.

**Wrigley's Rewards Organic Dog Treats are proudly made in Michigan!**

Want to try them mention this article and receive 10% OFF!

## Holiday Toxins

**Holiday Ornaments:** When decorating for the season, consider your pets, Old Fashion bubble lights may contain a poisonous chemicals. If your pet chews on them the liquid inside them could be dangerous to their health.

**Tinsel:** If you own a cat toss the tinsel! What look like a shiny cat toys could prove deadly if ingested.

**Liquid Potpourri:** Filling your home with holiday smells may seem inviting – but if your scenting your home with oils in a simmer pot they can cause serious harm to your cat. Dogs aren't as sensitive, but still better to be safe than sorry.

**Antifreeze:** It can be found in numerous sources, snow globes, in the toilets of cabins as we winterize them for the year. Since the weather is cold the radiators of our cars are being check more often, try not to spill it! As little as one teaspoon for a cat and two teaspoons for a dog depending on the size can be fatal.

**Plants:** Though they have a bad rap, poinsettias are only mildly toxic. Other holiday plants such as holly, mistletoe and lilies are more toxic especially to cats. Some florists have been known to add Japanese Yews to the wreaths- all parts of this plat are very poisonous.

**Alcohol:** Most people know to keep alcohol away from their pets; however, alcohol poisoning in pets is more common than you think.

**Holiday Foods:** Tis the season for Holiday Goodies.

Grapes, raisins and currents - can result in kidney failure in dogs.

Chocolate and cocoa- ingested in small amounts can cause vomiting & Diarrhea and in large amounts can cause seizures and heart arrhythmias. Leftover, fatty meat scraps can produce inflammation of the pancreas.

**Pet Poison Hotline:**

(A \$35.00 consultation fee applies)  
1-800-213-6680

